



BERMAGUI SLSC COMMUNITY NEWS

Rego Day & ReBoot Wrap Up

Rego Day - This Sunday

Rego Day 2018 will be on Sunday, 14th October. It runs from Noon to 2 pm at the clubhouse and we'll be having a BBQ and some Sippers. There'll be clubhouse tours for anyone interested and table tennis and cricket will be set up.

We also have a patrol that afternoon so bring your swimmers and dust the winter cobwebs off.

Club swim wear will be available for purchase and Nippers can pick up hi-vis rashies.

If you haven't already registered online and want to avoid lineups on the day, please visit www.sls.com.au/join.

ReBoot Wrap Up

ReBoot in Bermagui 2018 was a great success. Congrats to Julie Rutherford and the whole organising committee for a fantastic couple of days.

Record numbers turned out for the Saturday runs and the 2 ocean swims on Sunday. The water was a little cold but everyone made it through safely. It was great to see so many of our members out for the swim, both young and older!

Bermi Surf Club also featured on the Saturday with 6 of our best and brawniest taking on the Tug-o-war. They continued last year's theme of trying but not succeeding in the "we'll just take it easy" approach. I think there were a few sore bodies the next day but you guys did us proud ... well done!



Nippers Notes

Nippers Proficiency

This season's proficiency swim for Nippers will be held at 10:30 am on Sunday, 28th October at Cobargo Pool. All junior members have to complete their proficiency before they can take part in water activities with Nippers. The proficiency swim is compulsory for all Nippers so please email us asap at bermisurfclub@gmail.com if you can't make that day.

Pink Rashies

Pink rash vests are provided for all new Nippers on Registration Day or at the Cobargo Pool proficiency swim. Pink rashies are free of charge for your child's first season and can be purchased for \$15 in future years.

We also have a new swap program available if you'd prefer a second-hand rashie at no charge.

Parent Support Sign Up List

In order to make sure everything runs smoothly, this year we're asking every Nippers family to commit to assisting in at least one area during the year. There will be a sign up list at Rego Day and also at the first Nippers session. Opportunities available include:

- Water safety (for those who hold their Bronze Medallion)
- Age manager
- Beach helper
- Coaching
- Nippers BBQ
- Fundraising
- Carnival helper

Have a think about how best you'd like to make a contribution this year.

THE SUNKEN ANCHOR QUIZ

1. How long did the Hundred Years' War last?
2. Which country makes Panama hats?
3. From which animal do we get cat gut?
4. In which month do Russians celebrate the October Revolution?
5. What is a camel's hair brush made of?
6. The Canary Islands in the Atlantic are named after what animal?
7. What was King George VI's first name?
8. What colour is a purple finch?
9. Where are Chinese gooseberries from?
10. What is the colour of the black box in a commercial airplane?
11. From which country did French horns originate?
12. What is the main ingredient of a mince pie?

Safeguarding Children

Our commitment

Surf lifesaving is committed to safeguarding the many children within our organisation and this season sees a renewed focus through The Safeguarding Children and Young People initiative.

Bermagui SLSC is proud that our committee has signed a "commitment statement" formally ratifying our support of and participation in the program.

We can all play a part in keeping our young people safe and SLS has developed a number of resources to help learn more about what each of us can do. Visit the following link: <https://sls.com.au/safeguarding/>

Safeguarding Children & Young People Guideline

Handbook for Clubs



AROUND THE CLUB

Junior Carnival in Bermi

The first carnival of the season is in Bermagui on Sunday, 2nd December starting at 8 am. It's a great opportunity for our kids to get some confidence up at our own beach to kick off the carnival season and it would be great to have as many competitors as possible.

We're also looking for volunteers to help with setup, water safety, BBQ, selling raffle tickets and more. If you're around that weekend and able to lend a hand please email us at bermisurfclub@gmail.com to let us know.

ALBERT coming to FSC

The ALBERT program "Australian Life Boat Emergency Rescue Training" is a training program aimed at improving the skills of IRB drivers and crew, RWC Operators as well as training new drivers and crew. The program is about developing additional skills, practising rescue training, refining emergency response capabilities, increasing the number of active IRB teams and, above all, having fun.

This is the first time the program has been run in the Far South Coast and it's a great opportunity to meet new people and learn some new skills. It will be held at Tathra SLSC on the weekend of 20/21 October 2018 and several Bermi patrollers are involved.



SLS Official Courses

There's currently a great opportunity to get your Officials accreditation so you can help out at carnivals. It's an online course followed by some mentoring on the beach and FSC Branch has offered to cover the cost of anyone wanting to enrol.

You can find the details at: <https://www.surflifesaving.com.au/node/1245>

When you register online you pay a fee and then just keep the receipt to be reimbursed by FSC Branch.

Once the online units are completed you'll get a Certificate of completion which goes to FSC Branch Assistant Director of Surf Sports, Wendy Law, who will then arrange mentoring for you at the next FSC carnival.

Bronze Medallion/SRC

There are just 3 spots left in the combined Bronze Medallion (15+ years old)/Surf Rescue Certificate (for those aged 13 & 14) starting at the end of the month. Email us at bermisurfclub@gmail.com if you're interested and we'll get joining instructions off to you.

BRONZE MEDALLION/SRC DATES

Thursday, 25 October: 6:30 to 8:30pm
 Sunday, 28 October: 9:30am to Noon
 Thursday, 1 November: 6:30 to 8:30pm
 Sunday, 4 November: 9:30am to Noon
 Thursday, 8 November: 6:30 to 8:30pm
 Sunday, 11 November: 9:30am to Noon
 Thursday, 15 November: 6:30 to 8:30pm
 Sunday, 18 November: 9:30am to Noon

Age Manager Course

We're planning to run an Age Manager course in late November. This is a great way for Nippers parents to help support the kids and the club.

The course takes approximately 2 hours plus some online work and the plan is to run it right after a Nippers session. Email us at bermisurfclub@gmail.com if you're interested and we'll get more info to you.

Good Sports Program

Bermagui SLSC is proud to have Level 3 Accreditation under the Good Sports Program, a national program working to make community sporting clubs healthy, safe and family friendly environments. Through Good Sports, clubs work through three levels of accreditation that identify a range of areas in which they can improve practices including alcohol and tobacco management, safe transport and alternative fundraising strategies.

THE SUNKEN ANCHOR

To submit information
and/or photos for an
upcoming newsletter
email Cheryl at
bermisurfclub@gmail.com

1. 116 years, 2. Ecuador,
 3. Sheep or horses, 4. November,
 5. Squirrel fur, 6. Dogs, 7. Albert,
 8. Crimson, 9. New Zealand, 10. Orange,
 11. Germany, 12. Fruit